

Overview- Day One:



Bible Story: Ananias helps Saul (Acts 9:1-19)

Bible Verse: “For I can do everything through Christ, who gives me strength.” (Philippians 4:13)

Bible Point: Jesus’ power helps us do hard things. Trust Jesus!

Bible Buddy: Ramsey the Bighorn Sheep

Opening: Link:

<https://www.youtube.com/watch?v=xAyzZ232xl4>

Chew Chew Snack: Chew Chew Tracks- Link:
<https://www.youtube.com/watch?v=BdhUZbmAdx0>

Supplies Needed:

- Individually wrapped granola bars
- Twizzlers Pull N Peel Ropes Licorice

Loco Motion Games: Hold the track line- Link:

<https://www.youtube.com/watch?v=UHG1WEQ8E48>

- (no supplies needed)

Music: #1, #3, #4

- # 1 - Theme - Your Power Will Pull Us Through - <https://youtu.be/-YGGdeKxDZk>
- # 3 - Power in the Blood - <https://youtu.be/AYsTnd7DG3g>
- # 4 - Power Shuffle - <https://youtu.be/VF2bFnu5jQo>
- Extras!-
 - # 2 - Everywhere I Go - <https://youtu.be/Wkrl19PwWwQ>
 - # 5 - This Train is Bound for Glory - <https://youtu.be/7uWZSADQ-mk>
 - # 8 - We Can Trust in Him - <https://youtu.be/SOpLqBEVLSI>
 - # 10 - The Same Power - <https://youtu.be/eSVELVzz6FM>

Imagination Station: Rock Painting-

Link: <https://www.youtube.com/watch?v=f6uuLNQGplo>

- Supplies Needed: Rocks, Acrylic Paint, Q-tips, Paintbrush, Permanent Marker
- Instructions: On next page!

Over→

Bible Adventures: Ananias helps Saul. Acts 9:1-19.

Link- <https://www.youtube.com/watch?v=XUgl2YLkxB4>

Activity: Practice doing a hard thing by falling backwards (Trust Fall!). Depending on your group size, partner up with one other person that is strong enough to catch you or have one grown up take turns catching each child. Partner 1 will stand with their arms straight out and their feet braced a couple feet behind partner 2. Partner 2 will stand stiff as a board, hold their arms out to the side, and fall backwards into partner 1. Partner 1 will catch partner 2 under their arms.

Younger Track (Preschool-Grade 1)-

- Questions-
 - What is something that you are good at?
 - What is something that can be hard?
 - How can you help someone else?

Older Track (Grades 2-6)-

- Questions-
 - What is something that comes easily to you? How has God helped you with this?
 - What is something that is challenging or hard for you? Who has God placed in your life that can help you with this?
 - What can you do to make things easier for someone else?

Closing: Link: https://www.youtube.com/watch?v=_AiwrsDDBHg

Rocky Railway VBS Summer 2020 – Instructions for Crafts

For best results, watch the instructional videos and read the project summaries below before you start each day's project.

Day 1: Rock Painting

Supplies included in your kit:

- Rocks
- Paint in paint pots
- Foam brush
- Cotton swabs
- Permanent marker (black)

Optional Supplies (not included):

- Mod Podge

What to do:

1. Wash and dry your rocks.
2. Paint the whole surface (except the bottom) of your rock with whatever colors you choose.
3. Your paint needs to dry, so while you're waiting, decide what encouraging message you will write on your rock. Use the permanent marker, and practice writing the message on paper before writing on your rock to make sure it will fit.
4. When you're done, you can apply a coat of Mod Podge to achieve a shiny protective finish, but this is not required.
5. Go for a walk and place your message rocks around your neighborhood where people will see them.
6. Close up the paint pots even if there is only a little left. Store them back with your kit, you will use the leftover paint in Day 5.

