

Redeemer Lutheran Church

869 7th Avenue SE
Rochester, MN 55904

 <p>Family of Believers IN THE WORD JOHN 11-18</p>	<h2>Redeemer Lutheran Church</h2> <h3>The Baptism of our Lord</h3>
<p>Sunday, January 14, 2018 – 10:40 am</p>	
<p>Grow In Christ ♦ SHARE HIS LOVE ♦ Encourage</p>	
<p>Our Mission Statement: <i>“As Christians based on the solid foundation of God’s Word, empowered by the Holy Spirit we strive to live out, lift up, and share our faith in Jesus Christ – welcoming all into our Family of Believers.”</i></p>	
<p>Values: Truth, Community Engagement, Family of Believers, Teaching, Healing/Caring, Joy, Prayer</p>	

WELCOME VISITORS We have printed out our worship service to make it easier for all of us to follow. Hymns are found in the hymn section of the Lutheran Service Book or in Worship & Praise, the purple supplement. The service is also projected on the screen. Please visit our “Welcome Center” in the Narthex for additional information about Redeemer.

CELEBRATION WORSHIP TODAY - While we use newer and older songs in all our services, it is our custom to use a greater portion of newer songs in the later service on the second Sunday of each month.

BAPTISM REMEMBRANCE This is a special day in the life of our congregation, as we have opportunity to remember and rejoice in our baptisms. Baptized Christians are invited to come forward, and place their hands in the baptismal water as a reminder of the day in which their sins were washed away.

OUR THEME FOR TODAY - God says, “you are precious in my eyes.” Is. 43:4a. This promise will change your life now and for eternity. Let’s find eternal value, meaning, and purpose in Him!

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+ We Come Into God's Presence +

GREETINGS AND ANNOUNCEMENTS *(A time to welcome our fellow worshippers.)*

(*) OPENING PRAYER

(*) OPENING "No Longer Slaves"

Celebration Team:

*You unravel me with a melody
You surround me with a song
Of deliverance from my enemies
Till all my fears are gone*

Congregation sing:

Chorus: I'm no longer a slave to fear
I am a child of God
I'm no longer a slave to fear
I am a child of God

Celebration Team:

*From my Mother's womb
You have chosen me
Love has called my name
I've been born again into Your family
Your blood flows through my veins*

Chorus *(twice)*

**You split the sea so I could walk right through it
My fears were drowned in perfect love
You rescued me so I could stand and sing
I am a child of God** *(Repeat)*

Chorus

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(*) CALL TO WORSHIP

- P: We begin our service today at the font where God claimed us as His children
C: **And united us together as brothers and sisters in Christ, a Family of Believers**
P: As a Family of Believers we start each service with the triune name of God spoken over us in our baptism.
C: **As a family we make our beginning in the name of the Father, and the Son, and the Holy Spirit.**

(*) ALL SING:

(LSB 605, refrain)

**Father welcomes all His children to His family through His Son.
Father giving His salvation, life forever has been won.**

(*) CONFESSION AND ABSOLUTION

- P: In our Baptisms God has made us dead to sin and alive in Christ Jesus
C: **"We died to sin; how can we live in it any longer?"**
P: The truth is we still do. We continue to sin. Today we bring our sin to Jesus trusting His forgiveness.
C: **Jesus, help us offer our bodies, our words, our actions, and our thoughts to you as instruments of righteousness.**

(Silent confession)

- P: Almighty God in His mercy has given His Son to die for you and for His sake forgives all your sins!
C: **We were buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.**
(Please be seated.)

ANTHEM "If My People" – Alleluia Singers

+ God Speaks to Us +

SCRIPTURE READINGS

- L: The Old Testament Reading for the Baptism Of Our Lord is from the forty-third chapter of Isaiah.

¹ But now, this is what the Lord says—he who created you, Jacob, he who formed you, Israel: "Do not fear, for I have redeemed you; I have summoned you by name; you are mine. ² When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the

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flames will not set you ablaze. ³ For I am the Lord your God, the Holy One of Israel, your Savior; I give Egypt for your ransom, Cush and Seba in your stead. ⁴ Since you are precious and honored in my sight, and because I love you, I will give people in exchange for you, nations in exchange for your life. ⁵ Do not be afraid, for I am with you; I will bring your children from the east and gather you from the west. ⁶ I will say to the north, 'Give them up!' and to the south, 'Do not hold them back.' Bring my sons from afar and my daughters from the ends of the earth — ⁷ everyone who is called by my name, whom I created for my glory, whom I formed and made.
Isaiah 43:1-7 NIV

L: This is the Word of the Lord.

C: **Thanks be to God.**

L: The Epistle Reading is from Romans, chapter six.

¹ What shall we say, then? Shall we go on sinning so that grace may increase? ² By no means! We are those who have died to sin; how can we live in it any longer? ³ Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? ⁴ We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

⁵ For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. ⁶ For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin — ⁷ because anyone who has died has been set free from sin.

⁸ Now if we died with Christ, we believe that we will also live with him. ⁹ For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. ¹⁰ The death he died, he died to sin once for all; but the life he lives, he lives to God.

¹¹ In the same way, count yourselves dead to sin but alive to God in Christ Jesus. *Romans 6:1-11 NIV*

L: This is the Word of the Lord.

C: **Thanks be to God.** *(Please stand to sing.)*

(*) RESPONSE

(LSB 725, st. 1)

**Children of the heav'nly Father
Safely in His bosom gather;
Nestling bird nor star in heaven
Such a refuge e'er was given.**

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(*) HOLY GOSPEL

P: The Holy Gospel according to St. Mark, the first chapter.

C: **Glory to You, O Lord.**

⁴ And so John the Baptist appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. ⁵ The whole Judean countryside and all the people of Jerusalem went out to him. Confessing their sins, they were baptized by him in the Jordan River. ⁶ John wore clothing made of camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. ⁷ And this was his message: "After me comes the one more powerful than I, the straps of whose sandals I am not worthy to stoop down and untie.

⁸ I baptize you with water, but he will baptize you with the Holy Spirit."

⁹ At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. ¹⁰ Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. ¹¹ And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased."

Mark 1:4-11 NIV

P: This is the Gospel of the Lord.

C: **Praise to You, O Christ.** *(Please be seated.)*

(All baptized in 2017, please come forward.)

BAPTISMAL REMEMBRANCE

*Gabriella Renee Ambrose
Rory James Brown
Dison Dane Bruns
Xyra Annabelle Bruns
Michael Manford Corson
Gabriel Jon Micheal Engel
Kali Jane Engel
Ariah Jane Espinoza
Liesel Joy Fisk
Owen James Haagensen*

*Nolan Michael Heine
Piper Ann Hendrickson
Parker Jacob Hershberger
Brayden Wayne Hoppe
Naomi Joy Koglin
Hannah Becky Lassila
Langping "Sunny" Li
Susie Mae Marrero
Holden Robert Meaie
Mackenzie Catherine Miller*

*Elijah David Schneider
Kane Landon Schulz
Riley Ann Schartz
Bennett Karl Smith
Charlee Rose Sohre
Brevon Ryan Swancutt
Bryson Allen Swancutt
Cheyanne Nicole Swancutt
Connor Taylor Zafft*

CHILDREN'S MESSAGE

(Parents, please feel free to come forward with smaller children.)

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HYMN "Holy Spirit"

**Holy Spirit living Breath of God
Breathe new life into my willing soul
Let the presence of the risen Lord
Come renew my heart and make me whole
Cause Your word to come alive in me
Give me faith for what I cannot see
Give me passion for Your purity
Holy Spirit breathe new life in me**

**Holy Spirit come abide within
May Your joy be seen in all I do
Love enough to cover ev'ry sin
In each thought and deed and attitude
Kindness to the greatest and the least
Gentleness that sows the path of peace
Turn my strivings into works of grace
Breath of God show Christ in all I do**

**Holy Spirit from creation's birth
Giving life to all that God has made
Show Your power once again on earth
Cause Your church to hunger for Your ways
Let the fragrance of our pray'rs arise
Lead us on the road of sacrifice
That in unity the face of Christ
May be clear for all the world to see**

SERMON "Precious In My Eyes" - Isaiah 43:4a

GATHERING OF THE OFFERING

(The pastor will collect any special prayer request cards during this time.)

MUSICAL OFFERING "Seek Ye First" – Alleluia Singers

FRIENDSHIP REGISTRATION

(Please pass the red booklets in your row, if you have not already done so.)

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(As the offerings are brought forward, please stand to sing.)

(*) OFFERTORY

Lord prepare me to be a sanctuary
Pure and holy, tried and true
With thanksgiving, I'll be a living
Sanctuary for you. *(Sing three times.)*

(*) OUR FAMILY'S STATEMENT OF FAITH - THE APOSTLES' CREED

I believe in God, the Father Almighty, maker of heaven and earth.

And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

(*) PRAYERS OF THE CHURCH

Congregation's response:

C: Hear our prayer.

(*) LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory forever and ever. Amen.

+ God Sends Us Forth to Serve and Proclaim +

(*) WELCOME TO THE FAMILY

P: Through your baptism you became a member of God's Family with the title of beloved child. As His holy family we have an inheritance that will never spoil or fade. The question could be asked, how can water do such great things? To which we can answer:

C: Certainly, it is not just water, but the word of God in and with the water that does these things, along with the faith which trusts this Word of God in the Water.

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P: We have a concrete reminder of our place in God's family because we see, wash with, and drink water each day. Today, I encourage you to come, dip your finger in the waters of the font, make the same sign of the cross upon your forehead and your heart that was placed on you in your baptism to remind you that you are an important, cared for, and saved member of God's Family. *(Please be seated.)*

(To relieve congestion, it would be helpful if you come forward by the center aisle and return by the side aisle or through the chapel. Please form two lines as you approach the font.)

SONGS DURING THE BAPTISMAL REMEMBRANCE

(We will sing until everyone has had opportunity to come forward.)

SONGS "Father Welcomes" LSB 605
"Baptized And Set Free" W&P 14
"All Who Are Thirsty"

**Come Lord Jesus, come
Come Lord Jesus, come**

**Holy Spirit, come
Holy Spirit, come**

**All who are thirsty
All who are weak
Come to the fountain
Dip your heart in the stream of life**

**Let the pain and the sorrow
Be washed away
In the waves of His mercy
As deep cries out to deep**

We sing

Repeat

**Come Lord Jesus, come
Come Lord Jesus, come**

**Holy Spirit, come
Holy Spirit, come**

All who are thirsty

"I Was There To Hear Your Boring Cry" W&P 69

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(*) SENDING

- P: We rejoice that in our baptisms God has made us members of His family.
- C: **We recognize the importance of being family for each other. A family that Grows in Christ. A Family that Shares His Love. A family that Encourage others.**
- P: As a Family let us go out to our neighbors, friends, coworkers, classmates and live out the Great Commission of baptizing all nations. Let our Family always see our primary purpose of extending God's family invitation to all we meet.
- C: **We pray that Jesus will work in our daily lives to welcome all into our Family of Believers.**
- P: Let us pray. Father in heaven, as your family use us to lead more to the font and make it our joy, our passion, and our mission to extend your family invitation to all.
- C: **Amen.**

(*) BENEDICTION

- P: The Love of our Heavenly Father will continue to bind us together as a Family of Believers
- C: **And send us out into our community to welcome others into our Family of Believers.**
- P: Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever.
- C: **Amen.**

(*) CLOSING

“Build Your Kingdom Here”

Come set Your rule and reign
In our hearts again
Increase in us we pray
Unveil why we're made
Come set our hearts ablaze with hope
Like wildfire in our very souls
Holy Spirit come invade us now
We are Your church
We need Your pow'r in us

We seek Your kingdom first
We hunger and we thirst
Refuse to waste our lives
For You're our joy and prize
To see the captives' hearts released

The hurt the sick the poor at peace
We lay down our lives for heaven's cause
We are Your church
We pray revive this earth

Build Your kingdom here
Let the darkness fear
Show Your mighty hand
Heal our streets and land
Set Your church on fire
Win this nation back
Change the atmosphere
Build Your kingdom here we pray

Unleash Your kingdom's pow'r

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Reaching the near and far
No force of hell can stop
Your beauty changing hearts
You made us for much more than this
Awake the kingdom seed in us
Fill us with the strength and love of Christ
We are Your church
We are the hope on earth
Build Your kingdom here
Let the darkness fear
Show Your mighty hand
Heal our streets and land
Set Your church on fire

Win this nation back
Change the atmosphere
Build Your kingdom here

Build Your kingdom here
Let the darkness fear
Show Your mighty hand
Heal our streets and land
Set Your church on fire
Win this nation back
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Build Your kingdom here we pray

Redeemer Lutheran Church
Weekly Announcements and Highlights
Week of January 14, 2018

Special Prayer Opportunities:

Health Concerns:

- ✠ Dick Kostel, Tammy Konicek, Oscar Scheid, Julie Gehrking, Wil Mennecke, Bill Kraus, Ted Saxman, Mark Kuisle, Dustin Seering
- ✠ Receiving Hospice care: Cindy Fister, Marty Cordes, Merilynn Schacht, Bob Salley, Lloyd Vehrenkamp

Thanksgiving:

- ✠ With Dutch and Mary DeVries who celebrated their 70th wedding anniversary on January 10.

PRAYER CHAINS – If you have a prayer request, call Gail Sim (289-2087), the church office (289-5147), or send an email to Lori Hameister at littlebitmoo@gmail.com.

PRAYER CARDS - Take a look in your pew rack and you'll see our prayer request cards! These cards will be collected by one of the pastors during the offering time.

FLOWERS IN THE CHANCEL

- ♥ Are in honor of Margery Watkins' 96th birthday on January 14.
- ♥ Are in honor of Don Knick's 92nd birthday on January 16.
- ♥ Are in honor of Betty Renstrom's 93rd birthday on January 17.
- ♥ Are in honor of Allan Strelow's 89th birthday on January 17.

2017 CONTRIBUTION STATEMENTS HAVE BEEN MAILED

All members who gave contributions to Redeemer in 2017 will receive a record of contribution in the mail. Please look it over and contact the church office (507-289-5147) if you have any questions.



ANNUAL MEETING
Sunday, January 14

- Thanks to our youth who will be serving a light lunch following the late service, from 11:30 am to 12:30 pm, in the Fellowship Hall.
- Childcare will be provided for our little ones.
- All members of Redeemer, 18 and over, are voting members of Redeemer and are encouraged to attend. Others are welcome as guests.
- **The Annual Report and agenda are available out on a table by the Welcome Center for you to review before the meeting. Please pick one up!**

LOOKING FOR VOLUNTEERS

in the Channel One clean room, Monday, January 22. We'll work 6 to 8 pm. Call Ellen at 206-8394 for information.

PIZZA RANCH FUNDRAISER

On Monday, January 22, the youth will have a fundraising night at Pizza Ranch. Come on out to Stewartville and have a great meal with some of our best friends! Youth will be bussing tables!

SUNDAY ADULT BIBLE CLASS

Sundays at 9:20 am

HEROES OF THE FAITH

In an age where we have more superhero movies than we do new original stories in the box office, it is easy to see the fascination people have with a superhero. They are easy to root for, they are so noble and their cause is to help save as many people from terrible enemies as possible. The green screen saviors though have nothing on our heroes of the faith! Come and participate with DCE Josh Heirigs as we delve into different biblical heroes—class located in Choir Room.

LIFE VERSE

As we continue our theme of "Family of Believers: In the Word," this class will take us into God's Word to listen to what He has to say. A "Life Verse" is a passage from God's Word that can help a person follow God in the special way that God has called them. This passage may guide a person throughout their life or through a certain time, but it is always a blessing. Whether you already have a Life Verse or if you would like to find yours for the first time, this class will be a time of rich reflection and blessing-meeting in the So. Fellowship Hall.

ESTHER

Times are tough: political power struggles, jealousy, sexual harassment, discrimination. Sound familiar? Join Virginia Miller in the North Fellowship Hall as we explore the book of Esther together to see how the Lord uses us in "just a time as this."

FAITH LEGACY SERIES: TOWEL AND BASIN

Parents of Kindergarteners, please join us for the Faith Step "Towel and Basin" as we learn how to teach our kids to serve God and others. The classes meet for three weeks (1/21, 1/28, 2/4) and concludes with the Blessing Event and a gift for your child on February 11. This class meets in the Upper Room.



The Legacy Journey is a seven-week, biblically-based class that teaches you how to truly live and leave a legacy for generations to come. This class will lead you deeper into:

- Investing
- basic estate planning
- purposeful living
- safeguarding your legacy
- discovering the keys to generational wealth
- and true generosity

When: February 11 - March 25 (7 Sundays)

Time: 4-5:30pm

Cost: \$119 (*scholarships available*)

Where: Fellowship Hall

Register and buy materials in church office.

Desserts and child care will be provided.

Contact: Kate Brown (515-339-9804 or

kate.brown55@gmail.com)

Attention All Crafters!

January 20, 2018

8:00 am to 4:00 pm

Redeemer

Lutheran Church

Fellowship Hall

Bring your crafts (scrap bookers, quilts, stampers etc.), a dish to pass and enjoy the company of other crafters.

Contact Tami Timbeross at tami@tamictimbeross.com (507-951-0601) or Renee Rahlf at renerahlf@gmail.com with any questions.

50TH BIRTHDAY CELEBRATION

The organ is turning 50! We will celebrate the service the organ has given to Redeemer with a recital on Sunday, January 28, at 3:30 pm. Please plan to attend!



WE NEED GROUPS TO SERVE LENTEN SUPPERS!

It's time to sign your group up for the Lenten Suppers. If you would like to volunteer for any of the dates listed below or have any questions, please contact the church office 289-5147.



February 21 February 28 March 7

OPEN HOUSE

RCLS welcomes Preschool-Grade 8 families to an Open House on **Tuesday, January 23 from 5:30-7:00 PM** with a **K-8 informational meeting to be held at 5:45**. Students and families find a grace-filled, Christ-centered community and education at RCLS, where foundational learning, individualized instruction, and whole-child education together serve as the cornerstone of the curriculum and instruction. RCLS's mission statement--Grounded in **Grace**, Formed in **Faith**, Committed to **Learning for Life**-- offers the guiding principles that shape our students, and a committed faculty counts it a privilege to partner with parents in shaping hearts and minds. Find more information about the school at www.rcls.net.



CHILDREN'S CHRISTMAS PROGRAM RECORDINGS!

The CDs of the Christmas Sunday Program are here. If you ordered a copy or are interested in getting a copy, please see Lynora Miller. The cost is \$5.00.

LUTHERAN WITNESS

For January is now available on the long counter in the Narthex.

ARE YOU A MILITARY VETERAN?

Did you know we have a board acknowledging and celebrating your service to our country? If your name is not on the board (located by the elevator), please contact Chris in the church office (289-5147 or office@redeemer-rochester.com) with your name, branch of service, and years served.

DON'T FORGET TO WEAR YOUR NAMETAG!

In order to help Pastor Loos learn our names, please be sure to wear your nametags. If you do not have one or are in need of a new one, please return this slip, with your name printed below and we will get you a new one!

Name: _____
(Please print.)

New nametags can be picked up at the Welcome Center next week.

DID YOU KNOW?

In case you have been wondering where the outdoor nativity scene came from, it is the result of an activity at the Advent Festival. The Family Ministry team would like to thank all those who made this project possible, especially Kermit Borman for cutting out the figures, Lynne Gaunt for drawing in all of the lines, Cheri Struve for some important detail work and Sam Gehrking and Bruce Struve for making the stable and installing the figures. Thank you to all of the painters during the Advent Festival. You looked like you were having a lot of fun. Next year we will be adding shepherds, wise men and animals.

- Family Ministry Team

MARRIAGE RETREAT MAKE-UP DATES

Mark your calendars for April 13/14! We will be having a "Laugh Your Way to a Better Marriage" video event here at Redeemer. This was scheduled for late last year, but due to some conflicts, it needed to be rescheduled. This is not your usual marriage event. This is not about finger pointing and blaming. This is about acknowledging the valuable differences in people and learning through humor. This is great for new marriages and long-standing ones. Marriages that are struggling and marriages that are in a steady spot will both grow from this event. Mark your calendars and watch for a sign-up sheet at the Welcome Center in March.

ROCHESTER SERVANT EVENT

REGISTRATION IS OPEN!

If you have not noticed, the registration sheets are floating around for the Rochester Servant Event! You can find them at the Welcome Center. You can also go to RochesterServantEvent.wordpress.com and register on line. It is only \$25 dollars right now with scholarships available. Sign up early and block the days off on your calendar! You can turn in registrations and checks to the church office. Year seven is going to be great!



LIFE QUOTES

“The church must be reminded that it is ... the conscience of the state ... It must be the guide and the critic of the state ... If the church does not recapture its prophetic zeal, it will become an irrelevant social club without moral or spiritual authority.” Rev. Dr. Martin Luther King, Jr. – A Life Quote from *Lutherans For Life* www.lutheransforlife.org

Youth Highlights!

- **IGNITE:** This Sunday the 14th, we are going to be serving at the Annual Meeting following services. We WILL NOT be going to see the movie Wonder at this time due to movie times and the busyness of the day (*I hear a certain Purple and Gold team is playing that afternoon....*) Please talk to Josh if you have questions.
- **IGNITE/PYROS planning meeting:** On January 21 after the late service at 11:45 am, we are meeting to plan out topics for IGNITE and PYROS servant events for the Spring semester.

We are meeting for a regular IGNITE evening from 6-8 pm, Sunday, January 21st. The topic will be spiritual gifts!
- **PIZZA RANCH:** On Monday, January 22, we are having a youth fundraising night at Pizza Ranch! Come out to Stewartville & have a great meal with some of your best friends! Youth will be bussing tables!
- **BULLETIN BOARD:** Youth! Take a look at the bulletin board for sign-up sheets & information about Tubing on February 3, our summer trip to Colorado, & Pizza Ranch on January 22. Please get signed up!
- **IGNITE:** We are meeting for a regular IGNITE evening from 6-8pm on Sunday, the 21st. The topic will be Spiritual Gifts!
- **IGNITE:** We will have our regular IGNITE on January 28th from 6-8pm. All grades 6-12 are invited to this topic on the ‘Hook-up culture’. Josh will facilitate this discussion on what is and what is not being said in the culture concerning sex.

Health Notes

MAKING NEW HABITS

1.) It takes 21 days to form a habit. True or False

False. Successfully changing a habit largely depends on the level of difficulty the habit has and the desire you have to change the habit. I always thought that it was 6 months!! Jeremy Dean, in “Making Habits, Breaking Habits” says the lower the difficulty and the higher the desire, the shorter the amount of time it will take to master the habit.

2.) External rewards (money, gift cards, etc.) work well to motivate someone to change a habit. True or False

False External rewards can create initial interest in changing habits, however, without internal motivation – a personal reason to change -the effort will be difficult to maintain long term.

3.) To create a new habit, adopting one that competes with the old one helps you to be successful. True or False

True Starting a habit that competes with an old one helps you to be successful in your efforts. For example, if you want to stop snacking after school, start a new habit after school such as taking a walk or doing a hobby rather than hanging out in the kitchen. It’s hard to graze through the cabinets when you’re walking the park or painting a new picture.

4.) Having an awareness of a habit is essential to changing a habit. True or False

True Without knowing the **who, what where,** and **why** of a habit, it’s hard to redirect it. It’s like trying to turn a ship around without knowing if you’re even going in the wrong direction. Examine your habit before you decide to change it while considering the following:

- Why do I do this?
- When do I do this most?
- Where do I do this?
- Who influences me to do this? And do they positively or negatively influence me?
- Our FFF leader challenged the group to keep a records of each of our eating patterns. It is a personal record. No records were submitted.

“It’s up to the conscious, rational part of our minds to make the decision to pause and reflect on the necessity of our habits.” *Jeremy Dean, “Making Habits, Breaking Habits”. Da Capo Press: Boston. 2013*

<http://www.concordiaplans.org/blog/making-new-habits>

Blessed to Serve Today

Message	Pastor Ben Loos
Liturgist	Pastor Adam Koglin
Children's Message	Josh Heirigs, DCE
Organist	April Beckman, DPM
Acolytes	
8:00 am	Isabella Grewe / Alexis Plenge
10:40 am	Gracie Decker / Rebecca Applen
Altar Guild	
Chair:	Shelly Potter
Members:	Connie Harnack, Linda Krueger, Karen Dee, Janith Corkill, Amy Tostenson, Ethan Daniels
Blood Pressure	Barb Wallskog
Elders	
5:30 pm	Joel Pralle
8:00 am	Scott Feeder
10:40 am	Tim Rossman
Greeters	
5:30 pm	Grant and Cara Wilson
8:00 am	Royce and Marlie Ernst
10:40 am	Bruce and Cheri Struve
Lectors	
5:30 pm	Bob Vehrenkamp
8:00 am	Rich Gommels
10:40 am	Erin Harvey
Nursery	
9:20 am	Kayte Lutzke / Bryce Beckman
10:40 am	Marcia Cochran / Carole Sorenson
Technology Helper	
5:30 pm	Chris Senne
8:00 am	Mick / Diana Reese
10:40 am	Brandon Rossman
Usher Coordinator	Roger Toomey
Ushers	
5:30 pm	Richard Ward
8:00 am	Ed Feeder, Harold Jenkins, Andrew Fockler, Jeff Lee, Sam Gehrking, Chantel VanGuilder, Jagger Schoppers,
10:40 am	Willis Fitting, Joel Pralle, Gary Seering
	Jacob Pralle, Madison Pralle, Tyler Bruns, Carter Kmett, Abi Manthei, Josh Berthiaume
Welcome Center	
5:30 pm	Volunteer Needed
8:00 am	Terry and Sharon Muller
10:40 am	Mike and Joan McCormick
Worship Recording	Greg Utesch



WHAT'S WITH THE BABY BOTTLES?

Have you noticed the basket of baby bottles in the Narthex?

The RLCW is sponsoring a fund drive for New Life Family Services, beginning in December and continuing until Sanctity of Life Sunday, February 4, 2018.

The baby bottles are designed to be used either as a "mite box" for your pocket change or as a specific donation. Inside each bottle is a form to fill in your name and address to enable New Life to acknowledge your gift and provide a tax receipt. Then simply return them to the church office.

Learn more about New Life on their website www.nlfs.org/ or on Facebook.

OUR RESPONSE TO GOD LAST WEEK:

WEEKEND WORSHIP ATTENDANCE:

946 (102+262+276+306) Guests: 47

SUNDAY SCHOOL & ADULT BIBLE CLASS

239 (98+141)

NEXT WEEKEND'S READINGS

Jonah 3:1-5,10; 1 Corinthians 7:29-31; Mark 1:14-20



The Week at a Glance

SATURDAY, JANUARY 13

Welcome To The Family Class-Rm 102
- 9:30 am
WORSHIP—5:30 PM

SUNDAY, JANUARY 14

WORSHIP—8 & 10:40 am
Blood Pressures—Nurses' Office—9 am
Sunday School/Adult Bible Classes—9:20 am
PYROS—12 pm
Youth Serve Annual Meeting Lunch—12:15 pm
ANNUAL VOTERS' MEETING—12:30 pm
Instruments of Praise—Narthex—4:30 pm
Agape CC—Upper Rm—6:30 pm

MONDAY, JANUARY 15

Quilters—NRH—8 am
Story Time—Narthex—10:15

TUESDAY, JANUARY 16

Ladies' Bible Study—NFH—9 am
Men's Bible Study—Rm 102—9 am
FFF Exercise Group—Rm L-3—10:15 am
REM Training—NFH—10:30 am
Koinonia CC—Upper Rm—6:30 pm
FCCI Board Meeting—NFH—6:30 pm

WEDNESDAY, JANUARY 17

POBLO Sewing—NFH—10 am
Shalom CC—Rm 102—1 pm
Journey Through Grief—Upper Rm—1 pm
Youth Chimes (7-12)—Sanctuary—5:45 pm
Alleluia Singers (2-6)—Rm L-2—6 pm
Men's Bible Study—Upper Rm—6 pm
One Way CC—6 pm
Cherub Choir—Rm 101—6:05 pm
Confirmation—6:10 pm
Angelic Chimes (2-6)—Sanctuary—6:30 pm
Sounds of Praise—7:00 pm

THURSDAY, JANUARY 18

Faithfully Fit—Rm L-3—10:15 am
Stephen Ministry—Upper Rm—4:30 pm
ChristCare Training—Upper Rm—6:30 pm
LWML Zone Meeting—SFH—6:30 pm
Technology Team—Rm 202—7 pm
Chancel Chimes—Sanctuary—7 pm

FRIDAY, JANUARY 19

Library Committee—Library—9:30 am
7/8 Confirmation Retreat—Camp Omega

SATURDAY, JANUARY 20

7/8 Confirmation Retreat—Camp Omega
Crafter's Work Day—FH—8 am
Blood Pressures—Nurses' Office—5 pm
Holy Communion—5:30 PM

SUNDAY, JANUARY 21

WORSHIP—8 & 10:40 am
Blood Pressures—Nurses' Office—9 am
Sunday School/Adult Bible Classes—9:20 am
IGNITE/PYROS Planning—Rm 102—Noon
*Japanese Fellowship—Chapel/Nursery/NFH
- 3:30 pm*
Young Families CC—4 pm
IGNITE—6 pm
Partners in Christ CC—Upper Rm—6:30 pm

Go into all the world...
BAPTIZING
...IN THE NAME OF THE FATHER,
AND OF THE SON,
AND OF THE HOLY SPIRIT.

Redeemer Lutheran Church

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WELCOME VISITORS	Whether looking for a church home or just here for the day, we are glad to have you as our guests. Please sign the red Friendship Registration pad in your pew and pick up a visitor packet in the Narthex. Remember that you are our guests; the offering is for our members who support the work of the church through their voluntary gifts.
WORSHIP SCHEDULE	Saturday 5:30 pm Sunday 8 and 10:40 am
HOLY COMMUNION	is celebrated in each service the weekends of the 1st, 3rd, and 5th Sundays of the month. We invite those who acknowledge their sinfulness, recognize that Christ's body and blood are truly present for our forgiveness, and are willing to give witness to the unity of their faith with this community, to join with us in receiving the sacrament. For those who for health or conscience reasons are not able to receive wine, please note that there is a cup of white grape juice in the middle of each tray. Gluten-free wafers are available in the middle of the bread tray for those with that allergy.
CHILDREN	are always welcome at Redeemer. Parents should note that according to your needs and preferences, 1) children's bulletins and "color bags" are available in the narthex; 2) our nursery is staffed each Sunday morning during the 9:20 am Education Hour and the 10:40 am service. The Nursery is located just off the Narthex -- look for our sign!
WORSHIP CDs	are available in the rack by the elevator.
TRANSPORTATION	is available each Sunday morning. Please call the church office (289-5147) by Noon on Thursday.
SPECIAL NEEDS	Large print bulletins and personal hearing devices are available in the Narthex from an Usher or at the Welcome Center.
OFFICE HOURS	Monday through Friday 7:30 am - 4:00 pm

STAFF

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